




# LIEPA



# JULY

# 2024 GentleCare



SUNDAY SEKMADIENIS	MONDAY PIRMADIENIS	TUESDAY ANTRADIENIS	WEDNESDAY TRECIADIENIS	THURSDAY KETVIRTADIENIS	FRIDAY PENKTADIENIS	SATURDAY SESTADIENIS
<p>SKYPE / FaceTime</p> <p>AVAILABLE ON DAILY BASIS UPON REQUEST</p>	<p><b>CANADA DAY 1</b></p> <p>10:30 Exercise/ Active ROM</p> <p>11:00 Canada Day Celebration from Ottawa</p> <p>2:00 Canada day Party</p>	<p>2</p> <p>10:00 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>2:00 Bingo</p> <p>3:15 Snoezelen</p> <p>6:00 Ladies' Club</p>	<p>3</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Catholic Holy Mass in the Chapel</p> <p>11:00 Light Exercise</p> <p>2:00 Lithuanian Music 🎵</p> <p>3:00 Pet Therapy</p> <p>6:00 Chess/ Board Games Club</p>	<p>4</p> <p>9:30 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands/ History of USA</p> <p>2:00 Baking with Zita/ Arts and Crafts</p> <p>6:00 Men's Club</p>	<p>5</p> <p>9:30 Walk &amp; Talk</p> <p>10:30 Light Exercise</p> <p>11:00 Parachute Time</p> <p>2:00 Watermelon Happy Ho</p> <p>6:00 LTV </p>	<p>6</p> <p>Statehood Day</p> <p>Valstybės Diena</p> <p>10:30 Exercise Active ROM</p> <p>11:00 Celebration of Lithuanian Statehood Day- LTV</p> <p>2:00 Social Afternoon</p>
<p>7</p> <p>10:00 Friendly Visits</p> <p>11:00 Lithuanian Mass (TV)</p> <p>2:00 Movie Afternoon/ Social Afternoon</p>	<p>8</p> <p>9:30 Friendly Visits</p> <p>10:30 Light Exercise</p> <p>11:00 Table Games</p> <p>2:00 Bingo</p> <p>3:15 Skype Time</p> <p>6:00 LTV</p>	<p>9</p> <p>10:00 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>2:00 Arts and Crafts</p> <p>3:15 Snoezelen</p> <p>6:00 Ladies' Club</p>	<p>10</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Catholic Holy Mass in the Chapel</p> <p>10:45 Light Exercise</p> <p>11:15 Music Therapy 🎵</p> <p>2:00 Lithuanian Music</p> <p>3:00 Pet Therapy</p> <p>6:00 Chess/ Board Games Club</p>	<p>11</p> <p>9:30 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>2:00 Bingo</p> <p>3:15 Snoezelen</p> <p>6:00 Men's Club</p>	<p>12</p> <p>9:30 Walk &amp; Talk</p> <p>10:30 Light Exercise</p> <p>11:00 Parachute Time</p> <p>2:00 Ice Cream Happy Hour</p> <p>6:00 LTV </p>	<p>13</p> <p>9:00 Musical Concert from Lithuania</p> <p>10:30 Exercise Active ROM</p> <p>2:00 Social Afternoon</p> <p>6:00 LTV</p>
<p>14</p> <p>10:00 Friendly Visits</p> <p>11:00 Lithuanian Mass (TV)</p> <p>2:00 Movie Afternoon/ Social Afternoon</p>	<p>15</p> <p>9:30 Friendly Visits</p> <p>10:30 Light Exercise</p> <p>11:00 Table Games</p> <p>2:00 Bingo</p> <p>3:15 Skype Time</p> <p>6:00 LTV</p>	<p>16</p> <p>10:00 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>12:45 BUS TRIP TO ANAPILIS</p> <p>3:15 Snoezelen</p> <p>6:00 Ladies' Club</p>	<p>17</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Catholic Holy Mass in the Chapel</p> <p>10:45 Light Exercise</p> <p>11:15 Music Therapy 🎵</p> <p>2:00 Lithuanian Music</p> <p>3:00 Pet Therapy</p> <p>6:00 Chess/ Board Games Club</p>	<p>18</p> <p>9:30 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>2:00 Bingo</p> <p>3:15 Snoezelen</p> <p>6:00 Men's Club</p>	<p>19</p> <p>9:30 Walk &amp; Talk</p> <p>10:30 Light Exercise <sup>1</sup></p> <p>11:00 Parachute Time</p> <p>2:00 Mojito</p> <p>Happy Hour</p> <p>6:00 LTV</p>	<p>20</p> <p>9:00 Musical Concert from Lithuania</p> <p>10:30 Exercise Active ROM</p> <p>2:00 Social Afternoon</p> <p>6:00 LTV</p>
<p>21</p> <p>10:00 Friendly Visits</p> <p>11:00 Lithuanian Mass (TV)</p> <p>2:00 Movie Afternoon/ Social Afternoon</p>	<p>22</p> <p>9:30 Friendly Visits</p> <p>10:30 Light Exercise</p> <p>11:00 Table Games</p> <p>2:00 Bingo</p> <p>3:15 Skype Time</p> <p>6:00 LTV</p>	<p>23</p> <p>10:00 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>2:00 Arts and Crafts</p> <p>3:15 Snoezelen</p> <p>6:00 Ladies' Club</p>	<p>24</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Catholic Holy Mass in the Chapel</p> <p>10:45 Light Exercise</p> <p>11:15 Music Therapy 🎵</p> <p>2:00 Lithuanian Music</p> <p>3:00 Pet Therapy</p> <p>6:00 Chess/ Board Games Club</p>	<p>25</p> <p>9:30 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Busy Hands</p> <p>2:00 Bingo</p> <p>3:15 Snoezelen</p> <p>6:00 Men's Club</p>	<p>26</p> <p>9:30 Walk &amp; Talk</p> <p>10:30 Light Exercise</p> <p>11:00 Parachute Time</p> <p>2:00 Cappuccino</p> <p>Happy Hour</p> <p>6:00 LTV</p>	<p>27</p> <p>9:00 Musical Concert from Lithuania</p> <p>10:30 Exercise Active ROM</p> <p>2:00 Social Afternoon</p> <p>6:00 LTV</p>
<p>28</p> <p>10:00 Friendly Visits</p> <p>11:00 Lithuanian Mass (TV)</p> <p>2:00 Movie Afternoon/ Social Afternoon</p>	<p>29</p> <p>9:30 Friendly Visits</p> <p>10:30 Light Exercise</p> <p>11:00 Table Games</p> <p>2:00 Bingo</p> <p>3:15 Skype Time</p> <p>6:00 LTV</p>	<p>30</p> <p>10:00 Friendly Visits</p> <p>10:30 Exercise / Active ROM</p> <p>11:00 Residents' Council Meeting</p> <p>2:00 Arts and Crafts</p> <p>3:15 Snoezelen</p> <p>6:00 Ladies' Club</p>	<p>31</p> <p>9:30 Walk &amp; Talk</p> <p>10:00 Catholic Holy Mass in the Chapel</p> <p>11:00 Light Exercise</p> <p>2:00 Birthday Party 🎵</p> <p>3:00 Pet Therapy</p> <p>6:00 Chess/ Board Games Club </p>	<p></p>	<p></p>	<p></p>